

GO! CALENDAR : APRIL REVISED 4.8.11 NOTE: GO! Adventures & GO! Workshops are FREE! & open to everyone!

Mon	Tue	Wed	Thu	Fri	Sat	Sun
28 GO! RACE : US Cup Fontana ☼ 4:30p Sports Conditioning BBL : Core Value	29 4:30p Road : Cricket	30 4:30p Mt Bike : Cricket	31 6:30p Swim	Apr 1 6:30p Swim	2 10 Road Ride : Randy	3 GO! RACE : Mercy Criterium ☼ ☼ 10 GO! Adventure : Group Road Ride 10 Run : Randy
4 4:30p Sports Conditioning BBL : Core Value	5 4:30p Road : Cricket	6 4:30p Mt Bike : Adam 5:45p Sports Conditioning : Core Value Fitne	7 6:30 GO! Adventure : Hike	8 6:30p Swim	9 GO! RACE : Dawn til Dusk ☼ 9 Mt Bike : Cricket 10 Road Ride : Randy 12p Sports Conditioning : Nike Training Clu	10 GO! RACE : Mercy Criterium ☼ ☼ 10 Run : Randy 11 GO! Adventure : Group Road Ride
11 4:30p Sports Conditioning BBL : Core Value	12 4:30p Road : Cricket	13 GO! RACE : Sea Otter Classic ☼ 5:45p Sports Conditioning : Core Value Fitne	14 6:30p Swim	15 6:30p Swim	16 10 Road Ride : Randy	17 GO! RACE : Mercy Criterium ☼ ☼ GO! RACE : Tri the Rim ☼
18 4:30p Sports Conditioning BBL : Core Value	19 4:30p Road : Cricket	20 4:30p Mt Bike : Adam 5:45p Sports Conditioning : Core Value Fitne 6p GO! Workshop : Dr. Siggins on Recovery	21 6:30 GO! Adventure : Hike 4:30p TBD - MtBike/Skills : Jimmy	22 6:30p Swim	23 GO! NM Mt Bike Camp ☼ 8 GO! Volunteer : FLC Cycling Race	24 10 GO! Adventure : Group Road Ride 1p GO! Trail Work : BMX Track
25 4:30p Sports Conditioning BBL : Core Value	26 4:30p Road : Cricket	27 4:30p Mt Bike : Cricket 5:45p Sports Conditioning : Core Value Fitne	28 4p GO! Trail Work : BMX Track	29 6:30p Swim	30 10 Road Ride : Randy	May 1 GO! Race : Fruita, CO or Mellow Johnny's, TX or Whiskey 50, AZ ☼