

# GO! Calendar : MAY Revised 5.2.11 GO! Workshops & Adventures are FREE and open to everyone!

Mon	Tue	Wed	Thu	Fri	Sat	Sun
25 4:30p Sports Cond. BBL : Core Value Fitness	26 6:30 Trail Hike 4:30p Road : Robin	27 5:45p Sports Conditioning : Core Value Fitness	28 5:30p GO! Trail Work : BMX Track	29 GO! Race : Fruita, CO or Mellow Johnny's, TX or Whiskey 50, AZ ☹	30	May 1
2 4:30p Sports Cond. BBL : Core Value Fitness	3 4:30p Mt Bike : Cricket	4 4:30p Mt Bike : Adam 5:45p Team Core : Core Value Fitness	5 6:30 Trail Hike	6 4:30p Road : Robin	7 10 GO! Adventure : Road Ride to Electra	8
9 4:30p Sports Cond. BBL : Core Value Fitness 5:30p Road Ride : Cricket	10 4:30p Mt Bike : Cricket 4:30p Zumba : Core Value Fitness	11 4:30p Mt Bike : Adam 5:45p Team Core : Core Value Fitness	12 6:30 Trail Hike 4:30p BMX/Skills/Downhill : Jimmy	13 4:30 Track : Randy 5:30p Nike Training Club : Cricket	14 10 TBD : Mt Bike or Road	15 10 Trail Run : Randy
16 4:30p Sports Cond. BBL : Core Value Fitness 5:30p Road Ride : Jimmy	17 4:30p Mt Bike : Cricket	18 4:30p Mt Bike : Cricket 5:45p Team Core : Core Value Fitness	19 6:30 Trail Hike 4:30p BMX/Skills/Downhill : Jimmy	20 4:30p Road : Robin	21 GO! RACE : Salida ☹	22
23 4:30p Sports Cond. BBL : Core Value Fitness 5:30p Road Ride : Jimmy	24 4:30p Mt Bike : Cricket	25 4:30p Mt Bike : Cricket 5:45p Team Core : Core Value Fitness	26 6:30 Trail Hike 4:30p BMX/Skills/Downhill : Jimmy	27 4:30p Track : Randy 5:30p Nike Training Club : Cricket	28 GO! RACE : Iron Horse ☹	29
30 4:30p Sports Cond. BBL : Core Value Fitness 5:30p Road Ride : Cricket	31 4:30p Mt Bike : Cricket	Jun 1	2	3	4 GO! RACE : Teva Games or Angel Fire ☹	5